Kent County Health Department

MARK HALL, MD, MPH MEDICAL DIRECTOR



KCHD's Role – Medical

Work with treating physicians to provide and interpret clinical guidelines

 Overview of PFAS and Interim Guidance for Clinician Responding to Patient Exposure. CDC/ATSDR, Revised June 2017

Establish a registry of exposed individuals and perform a health survey on all exposed individuals



POTENTIAL Health Effects include:

Thyroid dysfunction

High cholesterol

Ulcerative colitis

Pregnancy induced hypertension

Testicular cancer Kidney cancer Elevated liver enzymes* High uric acid*

*not linked in C8 study



Uncertainty with PFAS Exposure

"Although the evidence is not conclusive, your health problem could be associated with exposure to PFAS....[However], there is no way to know if PFAS exposure has caused your health problem or made it worse."

• CDC/ATSDR, PFAS Interim Guidance for Clinicians, June, 2017



Medical Evaluation with PFAS exposure

- Should be individualized with your physician
 - Consultation available with Kent County Health Department
 - Consultation available with Spectrum Health Toxicology Clinic
 616.486.5525
- PFAS blood testing
 - Not routinely recommended
- Other laboratory testing
 - Also not routinely recommended, but will depend on your personal health history



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