



Kent County Opioid Task Force Meeting
Thursday, November 14, 2019
12:00 – 1:30 PM

Meeting Minutes

Present: Eloy Baez-Fernandez, Hispanic Center of West Michigan; Gary Secor, 61st District Court; Bolu Olayemi, Keila Pieters, Calvin Center for Social Research; Erica Bradley, Brett Gingrich, Marsha Mooney, Cherry Health; Susan DeVuyst Miller, Cherry Health/Ferris State; Leslie Griswold, Brian Hartl, Joann Hoganson, Rachel Jantz, Sharon Schmidt, Kent County Health Department; Gabby Axtell, Eva Kool, Kate McMurphy, Jacob Moosekian, Kent County Health Department Interns; Ben Cammenga, Kent County Sheriff's Office; Amber Hubbell, Kent Intermediate School District; Steve Bukala, Lowell PD; Daniel Roper, M.D., Lauren Wolf, Mercy Health Saint Mary's; Amanda Schoolmeester, Metro Health; Logan George, MSU College of Human Medicine Student; Kathy Carruthers, Pine Rest; Vicki Makley, Priority Health; Steve Redmond, Recovery Allies of West Michigan; Megan Rocha-Adams, Red Project; Lindsay Belcastro, RIYCC.org/Turning Point; Ken Fawcett, Sarah Bryant, Kristl Smith, Spectrum Health; Becca Newman, Carolyn Sutherby, Wayne State University

Introductions

Subcommittee Updates:

Treatment and Recovery (Amanda Tarantowski)

- Continuing to extend MAT in KC correction facility
 - Currently any individual receiving suboxone on outside can get it in jail, as well as anyone receiving care from Cherry Health
 - Two other smaller providers face practical barriers, hoping to be resolved quickly
- Project ASSERT
 - 2 recovery coaches at Spectrum through Network 180
 - Identify and work with individuals who come in with substance use
 - Both employees have left – new job postings
- Survey to individuals in community regarding barriers to MAT
 - Barriers to access, compliance with treatment, etc.
 - Use this information to resolve issues and reduce barriers
 - Still determining who to send (MAT providers, community stakeholders, FAN, etc.)

Prevention (Joann Hoganson)

- Hire a new health educator for adolescents in high school
 - High schools with large number of at-risk students
 - New health educator hired – Botvin Life Skills being taught
 - Communication skills, perception of risk, peer pressure, self-esteem
 - Full agenda of classes in a number of schools
- Showing of “Danger of the Game”
 - Not a whole lot of progress

- OK Black conference – still working with them to figure out how to show it
 - Also include a cue to action video
- # of emergency departments doing fentanyl screening
 - Dr. Bora spoke with local emergency departments about overdose
 - Fentanyl is so commonly found in heroin that it is close to 100%, there is less of a need for screening, and we can assume that all heroin includes fentanyl

Intervention (Marsha Mooney)

- Developed flyer that will be sent out to community via email and placed strategically throughout town
 - Ask to tell their recovery story (in whatever format they are comfortable with)
- Pennsylvania safe injection sites are not a violation of the Controlled Substance Act:
 - <https://www.npr.org/2019/10/02/766500743/judge-rules-plan-for-safehouse-drug-injection-site-in-philadelphia-can-go-forwar>
 - Steve Alsum wanted this mentioned
- Fatality Review Board
 - A lot of momentum – opioid fatality review in Michigan currently does not exist
- Screening tool has been proposed to Spectrum offices
- A3 thinking and updating
 - Project management tool
 - 30-60-90-day tool, but current A3s are about a 6-month time frame
 - Intervention subcommittee doing monthly phone calls (check-in every 2 weeks)

Data Report (Rachel Jantz)

- Data was last pulled at the end of October (data through September)
- Medical examiner data (lag in data due to ongoing investigations)
 - 62 total overdose deaths among Kent County residents in 2019; 50 have been opioid-related
 - 39 years is the average age
 - 79% of overdose deaths are polysubstance; 68% included fentanyl; 20% had prescription opioids
 - January 2018 – September 2019
 - Rate of males is twice that of females
 - Age group variations
 - Majority of opioid deaths are unintentional
 - 2016-2017 saw a 67% increase in overdose deaths but has been decreasing since
 - Kent County compared to Washtenaw and Ingham County because of convenient monthly reporting on opioid overdose
 - There have been fewer deaths involving fentanyl since 2017, but percent of all overdose deaths including fentanyl has increased
 - Percentage of cocaine overdose deaths involving fentanyl have increased

Data Discussion

- Drug court has seen an increase in meth cases, but this is not yet being seen in overdose deaths
 - The United States southwest has seen an increase in methamphetamine overdose deaths
- APHA (Susan DeVuyst Miller): meth/opioids and cocaine/opioids have increased
- Sgt. Witkowski: Lacing or cutting cocaine with fentanyl there is a “better high”
 - Increase in cocaine being cut or laced with fentanyl
 - 2 cases this week, one resulted in death
 - Meth has also been increasing

- This last week has had a lot of overdoses, 1 fatal
- When substances make it to the market you don't know what's in it and how much
 - A lot of variables, we don't know who is using these substances
- Request for prevalence rates in future reports from Dr. Ken Fawcett
 - Rachel: CDC WONDER – 2018 data will be available in January
- 2016 was the change in prescription laws which could possibly contribute to the 2017 increase in overdose deaths

Community Partner Highlight: Cherry Health (Lindsay Metts)

- Recovery management/Family Engagement Therapy
 - Last stop for people who have been through treatment multiple times and continue to struggle with some sort of substance use disorder
 - Community based program – outreach to clients/consumers on the case load
 - Therapist
 - Recovery coach
 - Meet people where they are at physically and also in terms of recovery
 - Might still want to use
 - Goal: work through recovery to at least a point of harm reduction – help place barriers in their path to reduce the impact of their substance use
 - Housing
 - Income
 - Family/relationship
 - Community support
 - Mental health and substance use disorders (most co-occurring with some sort of trauma)
 - Two recovery management teams
 - One on Leonard, one on south side
 - Family Engagement Therapy (south side) – community outreach to clients
 - Team also has a case manager – work closely with additional services/programs
 - Focuses solely on mothers and their children (other programs work with single fathers- recovery management)
 - E.g. getting children to school
 - At least one child, a year or older
 - Have to be living with mother at least 50% of time to be eligible for program
 - Works closely with DHHS and CPS to take the cases
 - Currently openings for both recovery management and FET
 - Take referrals from Network 180, team at Cherry determines appropriateness and plan for care
 - Doctors from Cherry Health also refer to the program
 - Take self-referrals, if a client needs it – send them our way

Round Table Discussion

- Where providers exist across the continuum of prescribing
 - 13-fold differential in heavy vs. light prescribers
 - Scorecards and evidence-based prescribing guidelines for Spectrum providers
 - Prescribing is down 20% - rules have resulted in changes to prescribing habits, but giving people data will further diminish prescribing

- ALTO – 15 different hospitals, opioid exposure to naïve patients has been reduced by 25-48% in Spectrum emergency rooms
- Mercy and Trinity – EPIC to go live January 25th
 - Will have mandatory opioid screening in EPIC
 - Trinity has similar ALTO program to Spectrum
 - St. Mary's: dispensing Narcan from ED – provider's discretion
 - Outpatient pharmacy creates full kits, 200 dispensed so far
 - 0.4mg vials (2 in each kit) – just over \$20 (cheaper than nasal)
- Megan Rocha-Adams – Red Project
 - Working with Wayne State to increase services in jail and access to naloxone
 - Expanding law enforcement wellness check program with GRPD
- Amber Hubbell – KISD
 - No one registered for opioid panel (Oct. 11)– so postponed indefinitely
 - KCOTF Community Panel Discussion
 - End of September, all 21 districts received funding instructions to create health and wellness teams
 - Teams were provided with opioid curriculum
- Eloy Baez Fernandez – Hispanic Center of West Michigan and Auxilio!!!
 - Interpretation/translation services
 - Substance use disorder program aimed at Latino community
 - Every Thursday at 6:30-8:00 peer support group at KCHD
 - Open up to community once a month, agencies come in to talk about services and resources
- Steve Redmond – Recovery Allies of West Michigan
 - Celebration – approximately 50-60 people at Salvation Army Rec Center
 - Had a lot of educational information and other agencies
- Brett Gingrich – Heart of the City Pharmacy at Cherry Health
 - Met monthly quota from wholesaler of suboxone
 - Oct 20 – end of month, no new prescriptions
 - Increase of suboxone prescriptions, needed to prove to wholesaler that scripts were legitimate
 - Lumped into opioid thresholds and monthly limits
- Lindsay Belcastro – RIYCC.org (recovery yoga, currently at Alano Club)
 - Anyone in drug court or sobriety court, yoga is free
 - Wednesdays at 7:00pm
 - Yoga recovery training
 - Plans to build a healing center and offer three classes a week
 - Submitted grant – wants support and clients
- Becca Newman – Wayne State
 - Working with first responders and Red Project to increase connection for people who have had an overdose reversal – encourage them to seek recovery and follow-up with them
 - Expanding services at Kent County Correctional Facilities
 - Case manager – discharge planning (w/ Narcan kit)
 - Meet with Red Project recovery coach
 - Improving care
 - Ecosystem – communities of practice
 - Stakeholders would meet regularly and twice annually they would do a combined meeting

- Susan DeVuyst Miller – Cherry Health
 - 2020 Michigan Harm Reduction Summit, April 1st and 2nd in Saginaw: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2955_2976_92421---,00.html
 - National Harm Reduction Conference in October 2020: <https://harmreduction.org/our-work/national-conference/>
 - Red Project – celebrating 21st year, birthday party on Wednesday Nov. 20 at Pyramid Scheme
 - Support harm reduction in Kent County
 - \$10 entry fee
 - New curriculum – Safety First (<http://www.drugpolicy.org/resource/safety-first-real-drug-education-teens>)
 - Studied for 15 years
 - CA and another state have been seeing reduction in use
- Kathy Carruthers – Pine Rest
 - 3 IOP programs offered throughout the day
- Keila Pieters – Calvin University Center for Social Research
 - Policy evaluation for naloxone standing order policy
 - Shaping evaluation and drafting research questions
 - Looking for way to measure the standing order effect and what data can be used
 - Will be conducting focus groups early next year
- Erica Bradley – Cherry Health
 - Working on delivering methadone to all clients in jail
- Joann Hoganson – KCHD
 - Families Against Narcotics (FAN) meeting December 3 at 6:00pm at St. Mark’s (134 Division Ave.)
 - KCHD nurses will be delivering free naloxone training prior to the meeting
 - Everyone that participates will receive Narcan for free (no ID)
- Kristl Smith – Spectrum Health
 - More prescriber waivers
 - Numbers have gone up (a little bit)
 - Pregnant women with opioid use disorder
- MDHHS student loan repayment program (MIOTA)
 - For medical providers – can be found on Michigan.gov website: https://www.michigan.gov/som/0,4669,7-192-29942_34762-511468--,00.html

Upcoming Touchpoints - Subcommittees

	In-Person Meetings	Phone Calls
	December 10, 2019	November 28, 2019
Location	Lake Huron Conf. Room, Kent County HD	URL: https://hello.freeconference.com/conf/call/7991287 Call in: +1 712-832-8330 // code: 7991287
Prevention	11:30 AM – 12:30 PM	
Intervention	12:45 – 1:45 PM	Canceled due to the holiday
Treatment & Recovery	2:00 – 3:00 PM	